

A Guide to Programs and Services for Migrant Domestic Workers in Lebanon



International
Labour
Organization



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

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Medical Care



Amel Association International (AAI)

Healthcare, Social and Development Centers

For a symbolic fee, AAI provides access to:

Clinics / Laboratory for medical analysis / Specialty clinics (pediatric, cardiology, women and obstetric, X rays...) / Physiotherapy Center.

Beirut:

- Burj El Barajneh, Tel: +961.1.273426
- Hay El Sollom, Tel: +961.5.483100
- Mucharrafieh, Tel: +961.1.273473

Bekaa:

- Shmestar, Tel: +961.8.330138
- Kamed El Loz, Tel: +961.3.814903
- Ersal, Tel: +961.8.240413
- El Ain, Tel: +961.8.325141

South Lebanon:

- Tyre, Tel: +961.7.343108
- Bazouriyeh, Tel: +961.7.375135
- Khiyam, Tel: +961.7.840052
- Halta, Tel: +961.7.840052
- Fardis, Tel: +961.7.840052

Operation Hours: Daily

AAI Headquarters:

Address: Mousseitbeh, Beirut

Tel: +961.1.317293 / +961.1.317294

E-mail: info@amel.org.lb

Website: www.amelinternational.org

Armenian Relief Cross Lebanon (ARCL)

For a symbolic fee, ARC delivers everything from first aid care to in depth medical services, including dental care.

AAI Headquarters:

Address: Bourj Hammoud

Tel: +961.1.253796

E-mail: arcl-absmc@hotmail.com

Caritas Lebanon Migrant Center (CLMC)

Medico-Social Centers

For a symbolic fee CLMC offers:

Dental care / Diagnosis / Laboratory tests / Medical check-up by generalists and/or specialists / Minor surgeries / Nursing care / Ophthalmology / Clinics / Pharmacy.

Beirut: Sin El-Fil

Mount Lebanon: Deir Al-Kamar, Ajaltoun, Sarba.

Bekaa: Dahr Al-Ain, Zahle.

Northern Lebanon: Tripoli

South Lebanon: Sidon, Tyre.

CLMC 24/7 Hotline:

Tel: +961.3.092538 and +961.3.290066

CLMC Headquarters:

Address: Sin El Fil, Metn. Tel: +961.1.502554

E-mail: carimigr@inco.com.lb or executive@caritas.org.lb

Website: www.caritas.org/activities/women_migration/LebanonMigrationCenter.html

Middle East Council of Churches (MECC) - Lady Dispensary

Healthcare, Social and Development Centers

Patients pay symbolic fees for medical services:

- Center offers free pap smear exams;
- Relief organizations distribute food coupons and milk on a monthly basis;
- Health awareness manuals are available in Arabic;
- With ARCL, MECC delivers health orientation sessions

MECC Headquarters:

Address: Hamra, Beirut

Tel: +961.1.353958 / +961.1.344896

Fax: +961.1.344894

E-mail: mecc.dsg@gmail.com

Website: www.mec-churches.org

Spring of Life Church (SLC)

Middle East Life Center - Medical Clinic

The medical clinic offers free medical services and referrals to medical specialists who are willing to forgo the cost of the medical procedures.

SLC Headquarters:

Address: Nabaa - Bourj Hammoud

Tel: +961.1.244844

E-mail: info@sol-kids.com

Website: www.middleeastlifecenter.org

Psychosocial support

KAFA (enough) Violence & Exploitation

Listening and Counseling Center (LCC)

The center supports victims of physical and sexual abuse by providing:

- Forensic examiners
- Legal counseling
- Psychotherapy
- Referral to temporary safe house.

KAFA Headquarters:

Address: Badaro St. Beydoun Bldg., Beirut

Tel: +961.1.392220 / +961.1.381245

Helpline: +96176090910

Fax: +9611392220

E-mail: kafa@kafa.org.lb

Website: www.kafa.org.lb

Pastoral Care



Pastoral Care for Afro-Asian Migrants (PCAAM)

- Open table
- **Afro Asian Migrant Center:**
Address: Saint Joseph University Church, 1st floor, near Tabaris, Ashrafieh, Beirut. Tel: +961.1.332601
- **Operation Hours:** Every Sunday after the Eucharistic celebration

PCAAM - Baabda Prison Church

- Church services for English and Arabic speaking migrant workers
- Once a month
- **For more information,** please contact PCAAM
Tel: +961.1.332601

PCAAM - Grotto of Our Lady of Lourdes

- Church services for English speaking migrant workers Baabda
- Every first Friday of the month at 04:00 pm
- **For more information,** please contact PCAAM
Tel: +961.1.332601

PCAAM - Mar Elias Church

- Church services for English speaking migrant workers
- **Regional Center:** Mar Elias Church, Antelias
- Every Sunday at 11:00 am
- **For more information,** please contact PCAAM
Tel: +961.1.332601

PCAAM - St. Therese Church

- Church services for Tagalog speaking migrant workers
- Mansourieh
- Every Sunday at 10:00 am
- **For more information**, please contact PCAAM
Tel: +961.1.332601

PCAAM - Church of Our Lady of Bzommar

- Church services for English speaking migrant workers
- Jounieh
- Every Sunday at noon
- **For more information**, please contact PCAAM
Tel: +961.1.332601

PCAAM - St. Joseph Convent

- Church services for Amharic speaking migrant workers
- College St. Joseph , Aintoura
- Every second Sunday of the month at 09:00 am
- **For more information**, please contact PCAAM
Tel: +961.1.332601

PCAAM - St. George Church

- Church services for English speaking migrant workers
Sarba
- On Sundays at 05:00 pm and every first Saturday of the month
- **For more information**, please contact PCAAM
Tel: +961.1.332601

PCAAM - St. Joseph Church, Tabaris

- Church services for English speaking migrant workers
- Tabaris, Ashrafieh
- Every Sunday at 10:30
- **For more information**, please contact PCAAM
Tel: +961.1.332601

PCAAM - Chapel of the Lazarists Church

- Church services for Tagalog speaking migrant workers
- Ashrafieh
- Saturday at 17:30 pm
- **For more information**, please contact PCAAM
Tel: +961.1.332601

PCAAM - Church of the Miraculous Medal

- Church services and group Bible study for Tagalog speaking migrant workers
- Ashrafieh
- Every Sunday at 11:00 am
- **For more information**, please contact PCAAM
Tel: +961.1.332601

PCAAM - St. Francis Church

- Church services for English speaking migrant workers
- Hamra
- Every Sunday
- **For more information**, please contact PCAAM
Tel: +961.1.332601

PCAAM - Sts. Peter and Paul Church

- Church services for Tagalog speaking migrant workers
- Hamra
- Every Sunday at 12:30 pm
- **For more information**, please contact PCAAM
Tel: +961.1.332601

PCAAM - Church of the Miraculous Medal

- Church services for English speaking migrant workers
- Down town Beirut
- Wednesdays at 5:00 pm
- **For more information**, please contact PCAAM
Tel: +961.1.332601

PCAAM - St. Maroun Church

- Church services for English speaking migrant workers
- Tripoli
- Every Sunday at 11:00 am
- **For more information**, please contact PCAAM
Tel: +961.1.332601

PCAAM - Sacré-Coeur Church

- Church services for English speaking migrant workers
- **Regional Center:** Zahle
- On the 2nd Sunday of the month at 11:00 am
- **For more information**, please contact PCAAM
Tel: +961.1.332601

Caritas Lebanon Migrant Center (CLMC)

Laksetha Center

- Church services for English speaking migrant workers
- Sunday at 09:00 am in Dora.
- **For more information**, please contact Caritas CLMC at +961.1.502554

National Evangelical Church (NEC)

International Community Church

- Church services for English speaking migrant workers
- Every Sunday at 10:30 am
- **Address:** Evangelical Church street, Riad El Solh
Tel: +961.1.980051/2
E-mail: nec.beirut@t-net.com.lb
Website: www.nechurchbeirut.org

Spring of Life Church

- Church services for Migrant workers from Sri Lanka, Nigeria, Madagascar, Ethiopia, Ghana, and the Philippines
- Naba'a
- All day on Sundays
- **For more information**, please contact Life Center Bourj Hammoud, Lebanon - Tel: +961.1.244844

Antonine Fathers Convent of St. John the Baptist service

- Church services English speaking migrant workers
- Ajaltoun
- Every first Wednesday of the month at 03:30 pm

St. François Convent Church

- Church services for French speaking migrant workers
- Zahle
- Wednesday at 18:00 pm

- Church services for Arabic speaking migrant workers
- Zahle
- Occasionally on Sundays at 12:00 pm

Legal Services



Lebanese Center for Human Rights (CLDH)

- Visitation of detention centers and women prisons
- Legal assistance to Migrant Domestic Workers seeking legal representation.

CLDH Headquarters:

Address: Mar Youssef Street, Dora, Metn.

Tel: +9611240023

E-mail: info@cldh-lebanon.org

Website: www.cldh-lebanon.org

Caritas Lebanon Migrant Center (CLMC)

Free consultation and representation in courts.

CLMC Headquarters:

Address: Sin El Fil, Metn. Tel: +9611502554

E-mail: carimigr@inco.com.lb or executive@caritas.org.lb

Website: http://www.caritas.org/activities/women_migration/LebanonMigrationCenter.html

Frontiers Ruwad Association (FRA)

Legal aid and counseling

FRA Headquarters:

Address: Badaro Street, Beirut

Tel/Fax: +9611389556

E-mail: info@frontiersruwad.org

Website: <http://www.frontiersruwad.org>

Insan Association (IA)

IA operates a legal clinic: Free consultation, representation, and mediation between employers and migrant workers

IA Headquarters:

Address: Sin el Fil, Metn.

Tel: +961.1.485237 / +961.70.893144

E-mail: insan@insanlb.org

Website: www.insanassociation.org

Skills



Pastoral Care for Afro-Asian Migrants (PCAAM)

- Simple Arabic and French courses.
- Basic Health courses.

Sunday afternoons.

AAMC Headquarters:

Address: Saint Joseph University Church, 1st floor,
near Tabaris, Achrafieh, Beirut.

Tel: +9611332601

Anti-Racism Movement (ARM)

Migrant Community Center

Offers classes on online activism, self-defense, computer skills, languages, drawing, cooking...

Daily 4-8 pm; Saturdays & Sundays 10 am-10 pm.

Migrant Community Center:

Address: Bourj Hammoud.

Tel: +9611565442

E-mail: mccbeyrut@gmail.com

Caritas Lebanon Migrant Center (CLMC)

Beth Aleph School Project

Children of migrant workers and refugees learn Arabic and English, in addition to mathematics, science, computer science and general culture.

CLMC Headquarters:

Address: Sin El Fil, Metn. Tel: +9611502554 (ext. 102)

E-mail: carimigr@inco.com.lb or executive@caritas.org.lb

Website: http://www.caritas.org/activities/women_migration/LebanonMigrationCenter.html

Insan Association (IA)

Insan School Project (ISP)

Preparatory school for the children of refugees and migrant workers. Volunteers develop individual tutoring plans in English and Math for ISP students.

ISP helps students integrate into the traditional school system (partner school in Dekwaneh). Students who are not receptive to the traditional academic training are encouraged to apply to professional/ vocational programs. Insan arranges for student transportation and covers the cost of school uniforms.

IA Headquarters:

Address: Sin el Fil, Metn.

Tel: +961.1.485237 / +961.70.893144

E-mail: insan@insanlb.org

Website: www.insanassociation.org

Insan Association (IA)

Insan School Project (ISP)

- Insan evening school for adult migrant workers.
- Daily evening classes.

IA Headquarters:

Address: Sin el Fil, Metn.

Tel: +961.1.485237 / +961.70.893144

E-mail: insan@insanlb.org

Website: www.insanassociation.org

National Evangelical Church (NEC)

Ministry of the Philemon Project

Language courses, computer skills, artisan skills, entrepreneurship.

NEC Headquarters:

Address: Evangelical Church Street, Riad El Solh, Beirut

Tel: +9611980051/2

E-mail: nec.beirut@t-net.com.lb

Website : <http://www.nechurchbeirut.org>

National Evangelical Church (NEC)

Ludwig Schneller Schule

- Traditional education for KG to Grade 12
- Vocational training (carpentry, maintenance, general mechanics, and car mechanics...)

Johann Ludwig Schneller School:

Address: Khirbet Qanafar, West Beqaa, Lebanon

Tel: +961.8.645443 / +961.8.645945

E-mail: info@schneller-school.org

Website: <http://www.schneller-school.org>

Spring of Life Church (SLC)

Children Center

- Mentoring, tutoring, and training of 200 street children (ages 5-13), including children of migrant workers (especially Syrian workers)
- Daily classes

Operation hours: Daily from 7:30 am to 01:00 pm.

Spring of Life Center for Children at Risk

Address: Life Center - Bourj Hammoud, Lebanon

Tel: +961.2.44 844 / +961.70.282503

E-mail: info@sol-kids.com

Website: <http://www.sol-kids.com>

Migrant Workers Task Force (MWTF)

- Language (English and French) and computer classes
- Language classes are divided into several levels: learning ABC, learning basic words, beginners, intermediate, and advanced levels.

Classes take place in three locations on Sundays:

- Zico House, Sanayeh
- Sudanese Cultural Association, Hamra
- Migrant Community Center, Nabaa

For more information please,

send an email to: mwtaskforce.lb@gmail.com

or visit the website: www.mwtaskforce.wordpress.com

Shelters



Caritas Lebanon Migrant Center (CLMC)

Shelters and Safe Houses

CLMC manages two shelters where it accommodates runaway migrant workers and one safe house where it accommodates victims of sexual and physical abuse.

CLMC Headquarters:

Address: Sin El Fil, Metn.

Tel: +9611502554

24/7 Hotline:

+961.3.092538 / +961.3.290066

E-mail: carimigr@inco.com.lb

executive@caritas.org.lb

Website: http://www.caritas.org/activities/women_migration/LebanonMigrationCenter.html

KAFA (enough) Violence & Exploitation

Listening and Counseling Center (LCC)

Referral of victims of physical and sexual abuse to a temporary safe house

KAFA Headquarters:

Address: Badaro St. Beydoun Bldg. , Beirut

Tel: +961.1.392220 / +961.1.381245

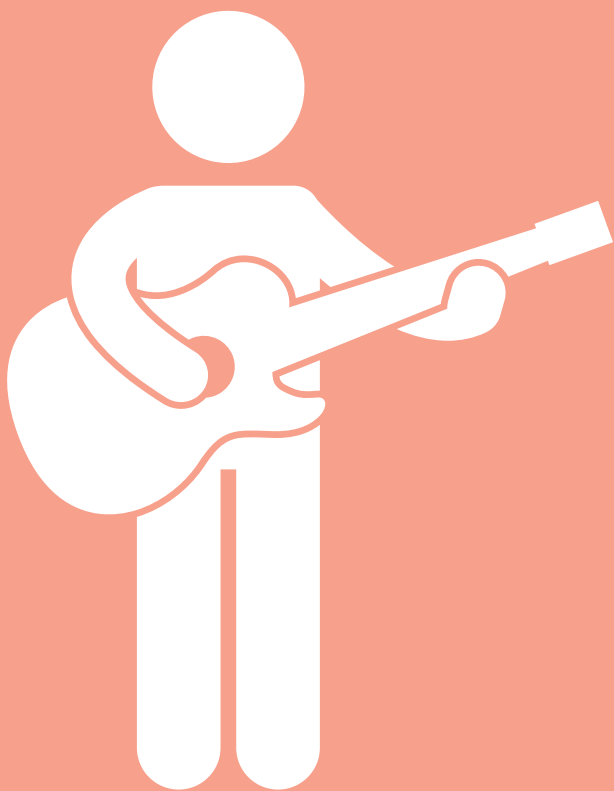
Helpline: +96176090910

Fax: +9611392220

E-mail: kafa@kafa.org.lb

Website: www.kafa.org.lb

Entertainment



Pastoral Care for Afro-Asian Migrants (PCAAMC)

Group birthday celebrations (baptismal, first communions, and weddings) any day of the week.

Regional Center: Achrafieh, Beirut

Operation Hours: On special occasions

AAMC Headquarters:

Address: Saint Joseph University Church, 1st floor, near Tabaris, Achrafieh, Beirut

Tel: +9611332601

Voice of Charity Radio Show

Radio show for Tagalog speaking migrant workers

Operation hours: Sunday 8:30-8:50 PM

Radio Frequency: FM 108.5 & 87.5

Radio show for Ewe speaking migrant workers

Operation hours: Sunday 8:00-8:30 PM

Radio Frequency: FM 108.5 & 87.5

Radio show for Amharic speaking migrant workers

Operation hours: Sunday 9:00-9:30 PM

Radio Frequency: FM 108.5 & 87.5

Radio show for Sinhalese speaking migrant workers

Operation hours: Sunday 8:45-9:00 PM

Radio Frequency: FM 108.5 & 87.5

